

About Margot Thompson

Principal Consultant, STRIVE!



Margot is a coach, consultant, strategist, ally, and partner. Work that matters and makes a difference is very important to her. Over the years, Margot has witnessed some very unhealthy environments, and those experiences fuel her passion for Leadership Behavior Coaching and Organizational Health. As a Principal Consultant at STRIVE!, Margot is deeply invested in the transformative growth of successful executives as they deal with conflict and change—and she’s passionate about making healthy companies a reality in today’s business world.

As a Leadership Team Behavior Coach, Margot’s skills are unparalleled. A Marshall Goldsmith Certified Coach, an MBTI Certified Master in Leadership Optimization, and an expert in team dynamics and personal interaction, she draws from her University of Guelph and Carleton University academic background in Organizational Psychology, International Development, and Sociology combined with years of executive team experience and running her own business. Her broad history working with organizations across industries and sectors and specific expertise in organizational health transformation work compliments Margot’s intuitive insight into a leader’s strengths and the value they bring to their organization. Her clients achieve sustainable, measurable improvement.

Margot’s interpersonal skills are matched with deep loyalty to clients and to the cause STRIVE! works towards—seeing leaders truly lead. As an extension of her work with STRIVE!, she and Jim Brown host [The OrgHealth Podcast](#), releasing weekly episodes as an extra resource for leaders.

Margot and her husband live in Guelph, Ontario, and if she isn’t dashing about on some creative venture, she will be cozied up in introvert nirvana with only her laptop for company.

“Margot’s coaching is a magical mix of genuine care and remarkable practicality. I have a whole new understanding of myself as a professional and of my ability to manage situations to work well with my valued colleagues. In a single word: she has given me Hope.”

– Shelly Hill, Executive Vice President, Utah

“Margot’s strength is in breaking down the silos that often exist unintentionally, as if by default, by helping to open up honest and open lines of communication between executives. This has made a tremendous difference in our team’s cohesion, effectiveness and simply in time saved in the decision-making process at both strategic and tactical levels.”

– Steven Light, Chief Production Officer, Colorado

